



BRAHMA KUMARIS
WORLD SPIRITUAL UNIVERSITY (UK)

Diwali - Return to the Kingdom

Global Cooperation House, London
11th November 2007

A packed hall at Global Co-operation House on Sunday 11th November heard the wisdom of Dadi Janki, the Administrative Head of the Brahma Kumaris, while she was on a short visit to the UK. The audience, which numbered 500, was welcomed by Sister Jaymini, Director of BK Publications: *“To greet each other from the heart naturally blesses everyone and wishes for good health bring happiness and prosperity in life.”*

The audience was then entertained with a wonderful Diwali song ‘*Two moments of God’s remembrance give great comfort and peace to the heart*’ from Girish Wadhvani, a British entrepreneur with businesses in India. The song helped set the close family atmosphere that remained for the rest of the evening.

Sister Jayanti, European Director of the Brahma Kumaris, then spent a few minutes explaining the story behind Diwali – King Ram returning to his kingdom. She explained the practical significance that this story can have in one’s life today: *“Ram had to fight the evil demon, Ravan, before he could successfully return to his kingdom. Today, the battle we face is with the little demons within our own mind – of our ego, anger and greed. If we are able to defeat these then we can once again take our seat of spiritual awareness – our true inner kingdom”*.

The goddess Laxshmi was portrayed on stage by Shivali Patel, who has just finished university. This gave a beautiful experience of the blessings that everyone can enjoy during the auspicious period of Diwali. A number of guests and dignitaries also shared the stage for a candle-lighting ceremony, which was lead by Dadi Janki. She encouraged the audience in clapping during the ceremony, while another song from Girish Wadhvani spontaneously brought a real sense of lightness and enjoyment to the proceedings.

Dadi Janki then shared some of her blessings for everyone present and also shared her inspirations for Diwali: *“We need to prepare the nourishment of happiness and experience this sweetness with the awareness of the self as a spiritual being – ‘I am a conscient living light of energy’. Spiritual understanding is like playing with jewels of knowledge: by thinking about it, playing, evaluating, experimenting and practising it in the mind, we feel the inner power that it creates. Apply a double lock on the intellect - not seeing the weaknesses of others nor thinking about others; this will keep the intellect clean and we are then easily able to focus on God and the self”*.

Ends