



BRAHMA KUMARIS
WORLD SPIRITUAL UNIVERSITY (UK)



Experience - Spiritual Secrets of an Ancient Land

Global Cooperation House, London

Sunday 22nd July 2007

Over 100 British Indian youth (aged 20-45) gathered at Global Co-operation House for a very special event to mark the start of the Brahma Kumaris' contribution to London's "India Now" celebration, which will run all summer. The gathering was honoured to have Professor Rajmohan Gandhi, a grandson of Mahatma Gandhi, as the guest of honour.

This was the first time the BKs had designed an event especially for young British Indians to explore the practical benefit they can gain from the understanding of Indian spirituality and applying it to their lives in the West.

Sister Jayanti first shared her experiences of what it was like as someone who was born in India and then brought up from a young age in the West. She inspired those present to explore further the spiritual significance of their Indian heritage and then took the audience through a meditation commentary.

Then a wonderfully evocative letter was read – as if written by Mother India. It was a very loving letter that melted everyone's heart and brought them closer to the spirit of India.

The audience then were split into groups to discuss these issues in a more informal manner and then came back to hear from a panel of young professional British Indians, who spoke very openly about the impact that spirituality had on their lives (they were from a Hindu, Jain and Sikh background).

Professor Gandhi and Sister Jayanti then came on to share the stage and answer some questions that had been raised by the youth. Mr Gandhi captured the attention of everyone with his stories of Indian independence and the character of Mahatma Gandhi. He was also asked about Brahmacharya (celibacy) and its impact on Gandhi's life, which the audience were fascinated by. Sister Jayanti then also took up this subject and spoke of the spiritual power that comes through Brahmacharyya. A number of the youth who attended commented afterwards how much they valued what they both had to say on the subject.

The event closed with another meditation commentary from Sister Jayanti and we were privileged to have Mr Gandhi stay for a book-signing of his new biography of his grandfather, which proved to be very popular.

End.